



# STRESS & RESCUE COURSE



**"Be prepared for those unexpected emergencies."**

Stress is a major contributor to rescue Situations and diving accidents. Through this course you will learn accident prevention, as well as how to handle problem situations if they occur.

The program is about avoiding, recognising and solving problems on the surface and under water.

The course runs over one weekend. Saturday morning is spent in the classroom and Saturday afternoon is devoted to learning the practical skills in a controlled pool environment. Sunday is spent putting it all into practice on the boat with two open water sessions.

The Diver Stress and Rescue program will increase your diving competency and enjoyment while you learn to prevent diving accidents.

Cost: \$499\*

**Inclusions:-**

- 4 hour ocean session at Gneerings (Mooloolaba)
- 4 hour pool session
- Tanks and weights
- Underwater instruction
- SSI Stress & Rescue diving manual & slate
- SSI Stress & Rescue Specialty certification card
- SSI Stress & Rescue certificate

**Mandatory items:-**

- Safety Sausage
- Underwater slate

\*Hire equipment is an additional cost. Aqualung regulator with computer, Seaquest BC & wetsuit - \$100 for weekend

\*This course can be completed outside the set dates in the 2012 Planner. However it's an additional \$100 for personal tuition.

\*Price subject to change without notice

**How to book:-**

- Call our shop on (07) 5444 8595
- Email us at [courses@scubaworld.com.au](mailto:courses@scubaworld.com.au)

